

## HCMC FAMILY MEDICINE RESIDENCY PROGRAM

# G1 Psychiatry-Neurology

## ROTATION SPECIFIC COMPETENCY OBJECTIVES

### Patient Care

#### Objectives:

##### By the end of the rotation, the G1 resident will:

- Understand the components of a comprehensive assessment of psychiatric disease
- Elicit a comprehensive medical and psycho-social assessment
- Perform appropriate medical exams to rule out medical components of psychiatric disease
- Demonstrate an understanding of the appropriate treatment options of common psychiatric illness
- Understand cultural implications when diagnosing psychiatric illness
- Determine the acuity and severity of the patient's problem
- Develop a complete H&P, daily notes and orders
- Diagnose and manage common adult diseases and problems
- Create a basic differential diagnosis for common psychiatric problems
- Demonstrate emerging ability to apply a systematic approach to clinical problem solving.
- Understand the beginnings of how psychosocial factors affect illness

### Medical Knowledge

#### Objectives:

##### By the end of the rotation, the G1 resident will:

- List signs and symptoms of common psychiatric diseases including but not limited to: schizophrenia, bipolar disease and depression
- Understand the concepts of complementary treatment for mental health
- Assess and manage patients with chronic and persistent psychiatric disease
- Understand the importance of family systems (Genograms) when assessing patients
- Identify a clinical guideline and evidence-based treatment concerning a single patient problem
- List common pharmaceuticals and their indications for usage
- Name various resources used to obtain information about medications

### Practice-Based Learning and Improvement

#### Objectives:

##### By the end of the rotation the G1 resident will:

- Understand evidence based studies of psychiatric treatments
- Pursue the most current literature about new medications of psychiatric disease
- Accept and incorporate feedback.
- Give appropriate feedback to superiors, peers and subordinates
- Recognize conditions that require consultation and referral
- Present self education on medical topics
- Recognize personal limitations in knowledge

### Systems Based Practice

#### Objectives:

##### By the end of the rotation, the G1 resident will:

- Understand the purpose and can effectively refer patients to mental health professionals
- Demonstrate effective patient advocacy
- Understands the relationship of medical insurance with appropriate mental health referrals
- Participates in ongoing self education

## Professionalism

### Objectives:

#### By the end of the rotation, the G1 resident will:

- Arrive on time to community activities
- Treat all patients, colleagues and community professionals in a respectful manner.
- State the importance of a patient's privacy
- Define sensitivity to cultural differences
- Recognize the patient's perception of illness
- State the importance of a patient's preferences in formulating a plan of care

## Educational resources

- Psychiatry Reading Notebook
- Psychiatry Rotation packet

## Online Resources

### Screening and Diagnosis of Depression

- [Screening for Depression in Adults](#) [Putting Prevention into Practice] (10/15/2010)
- [Screening for Depression in Adults: Recommendation Statement](#) [U.S. Preventive Services Task Force] (10/15/2010)
- [Screening and Treatment for Major Depressive Disorder in Children and Adolescents](#) [Putting Prevention into Practice] (07/15/2010)
- [Screening and Treatment for Major Depressive Disorder in Children and Adolescents: Recommendation Statement](#) [U.S. Preventive Services Task Force] (07/15/2010)
- [Mental Status Examination in Primary Care: A Review](#) (10/15/2009)
- [Screening Instruments for Depression](#) [Point-of-Care Guides] (07/15/2008)
- [Screening for Depression](#) [Cochrane for Clinicians] (05/01/2006)
- [Efficient Identification of Adults with Depression and Dementia](#) (09/15/2004)
- [Screening for Depression](#) [Putting Prevention into Practice] (04/01/2003)
- [Screening for Depression: Recommendations and Rationale](#) [U.S. Preventive Services Task Force] (08/15/2002)
- [Approaching the Suicidal Patient](#) (11/01/2003)
- [Routine Screening for Depression, Alcohol Problems, and Domestic Violence](#) [Point-of-Care Guides] (05/15/2004)
- [Clinical Review of Recent Findings on the Awareness, Diagnosis and Treatment of Depression](#) (05/15/2000)

### Treatment

- [Effectiveness of Antidepressants Compared with Placebo for Depression in Primary Care](#) [Cochrane for Clinicians] (07/01/2010)
- [Depressive Disorders](#) [Clinical Evidence Handbook] (06/01/2006)
- [Treatment-Resistant Depression](#) (07/15/2009)
- [Pharmacologic Management of Adult Depression](#) (03/15/2008)

- [ACP Guideline on Second-Generation Antidepressants for Depression Treatment](#) [Practice Guidelines] (08/01/2009)
- [Selegiline Transdermal Patch \(Emsam\) for Major Depressive Disorder](#) [STEPS] (02/15/2008)
- [Cognitive Therapy for Depression](#) (01/01/2006)
- [Drug Treatments for Patients with Dysthymia](#) [Cochrane for Clinicians] (10/01/2004)
- [Aripiprazole as Adjunctive Therapy in Patients with Major Depressive Disorder](#) [AFP Journal Club] (08/01/2008)
- [Duloxetine \(Cymbalta\) for Treatment of Major Depressive Disorder](#) [STEPS] (09/15/2005)
- [Escitalopram \(Lexapro\) for Depression](#). [STEPS] (12/01/2003)
- [Psychosocial Interventions Delivered by Primary Care Physicians to Patients with Depression](#) [FPIN's Clinical Inquiries] (11/01/2006)
- [Counseling or Antidepressants for Treating Depression?](#) [FPIN's Clinical Inquiries] (12/01/2005)
- [St. John's Wort for Depression](#) [FPIN's Clinical Inquiries] (04/01/2005)
- [Antidepressant Medications in Pregnancy](#) [FPIN's Clinical Inquiries] (12/01/2004)
- [Depressive Disorders](#) [Clinical Evidence Handbook] (04/01/2002)
- [Management of Bipolar Disorder](#) (09/15/2000)
- [Clinical Review of Recent Findings on the Awareness, Diagnosis and Treatment of Depression](#) [Practice Guidelines] (05/15/2000)

## Complications and Special Situations

- [Postpartum Major Depression](#) (10/15/2010)
- [Prevention, Recognition, and Management of Serotonin Syndrome](#) (05/01/2010)
- [ACOG Guidelines on Psychiatric Medication Use During Pregnancy and Lactation](#) [Practice Guidelines] (09/15/2008)
- [GLAD-PC Steering Group Releases Guidelines for the Management of Adolescent Depression in Primary Care](#) [Practice Guidelines] (09/01/2008)
- [Childhood and Adolescent Depression](#) (01/01/2007)
- [Seasonal Affective Disorder](#) (11/01/2006)
- [Postnatal Depression](#) [Clinical Evidence Handbook] (10/01/2005)
- [Bipolar Disorder](#) [Clinical Evidence Handbook] (04/01/2004)
- [Depression in Children and Adolescents](#) [Clinical Evidence Handbook] (02/01/2003)
- [NIH Releases Statement on Managing Pain, Depression, and Fatigue in Cancer](#) [Practice Guidelines] (01/15/2003)
- [Depression in Later Life: A Diagnostic and Therapeutic Challenge](#) (05/15/2004)
- [Identifying and Managing Preparatory Grief and Depression at the End of Life](#) (03/01/2002)
- [Assessment and Treatment of Depression Following Myocardial Infarction](#) (08/15/2001)
- [Depression and Sexual Desire](#) (08/15/2000)
- [Depression in Women: Diagnostic and Treatment Considerations](#) (07/01/1999)

## Editorials and Letters

- [Translating a Guideline into Practice: The USPSTF Recommendations on Screening for Depression in Adults](#) [Editorials] (10/15/2010)
- [Is Genetic Testing for Cytochrome P450 Polymorphisms Ready for Implementation?](#) [Editorials] (08/01/2007)

## Improving Practice

- [METRIC. Depression: Improving Patient Care](#)  
FROM FAMILY PRACTICE MANAGEMENT

AAFP's Journal of Practice Improvement

- [Coding for Depression Without Getting Depressed](#) (03/01/2004)

### **Patient Education, Self-Care**

- [Postpartum Depression](#) (10/15/2010)
- [Treating Depression: What You Should Know](#) (03/15/2008)
- [Depression in Children and Teens](#) (01/01/2007)
- [Depression: What You Should Know](#) (10/15/2006)
- [Cognitive Therapy for Depression: What You Should Know](#) (01/01/2006)
- [Depression](#) (09/15/2002)
- [Depression in Women](#) (09/15/2002)
- [Depression After Heart Attack-What Should I Know?](#) (08/15/2001)
- [What to Do if You Think Your Child Is Depressed](#) (11/15/2000)
- [Bipolar Disorder](#) (09/15/2000)
- [Depression: How Medicine Can Help](#) (03/01/2000)
- [Postpartum Depression and the "Baby Blues"](#) (04/15/1999)

**FROM FAMILYDOCTOR.ORG**

AAFP'S Patient Education Resource

- [Mental Health Resource Page](#)

[Alcohol Abuse and Dependence](#)  
[Substance Abuse](#)

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