G1 Psychiatry & Neurology

ROTATION SPECIFIC COMPETENCY OBJECTIVES

Patient Care

Objectives:
By the end of the rotation, the G1 resident will:
- Understand the components of a comprehensive assessment of psychiatric and neurological disease
- Elicit a comprehensive medical and psychosocial assessment
- Perform appropriate medical exams to rule out medical components of psychiatric disease
- Demonstrate an understanding of the appropriate treatment options of common psychiatric and neurological conditions
- Understand cultural implications when diagnosing psychiatric and neurological conditions
- Determine the acuity and severity of the patient's problem
- Develop a complete H&P, daily notes and orders
- Diagnose and manage common diseases and problems
- Demonstrate emerging ability to apply a systematic approach to clinical problem solving.
- Understand the beginnings of how psychosocial factors affect illness

Medical Knowledge

Objectives:
By the end of the rotation, the G1 resident will:
- List signs and symptoms of common psychiatric conditions including but not limited to: depressive disorders, anxiety disorders, substance use disorders, bipolar affective disorders, schizophrenia
- Create a basic differential diagnosis for common psychiatric and neurological problems
- Understand the concepts of complementary treatment for mental health
- Assess and manage patients with chronic and persistent psychiatric disease
- Identify a clinical guideline and evidence-based treatment concerning a single patient problem
- List common psychiatric medications and their indications for usage

Practice-Based Learning and Improvement

Objectives:
By the end of the rotation the G1 resident will:
- Pursue the most current literature about psychiatric conditions
- Understand evidence-based studies of psychiatric treatments
- Recognize conditions that require consultation and referral
- Recognize personal limitations in knowledge

Systems Based Practice

Objectives:
By the end of the rotation, the G1 resident will:
- Understand the purpose and can effectively refer patients to mental health professionals

- Demonstrate effective patient advocacy
- Understands the relationship of medical insurance with appropriate mental health referrals
- Participate in ongoing self education

Professionalism

Objectives:
By the end of the rotation, the G1 resident will:
- Arrive on time to rotational activities
- Demonstrate respect for patients' privacy
- Recognize the patient's perception of illness
- Treat all patients, colleagues, and community professionals in a respectful manner.
- Demonstrate sensitivity to cultural differences
- Engage the patient's preferences in formulating a plan of care

Interpersonal and Communication Skills

Objectives:
By the end of the rotation, the G1 resident will:
- Establish and maintain a relationship and rapport with patients
- Communicate effectively with and without an interpreter
- Demonstrate effective communication with patients and family regarding diagnosis, treatment options, and follow-up care
- Apply techniques of effective communication when interacting with consultants, team members and members of the health team

Educational resources

- Reference library material
- Web-based resources
- Articles from Dr. Zeris

Consulting Psychiatry Resources

Read prior to your time with Dr. Stamatis Zeris, consulting psychiatrist at Whittier Clinic.
- STAR*D study: Treating depression in the real world
- Dr. Zeris Grand Rounds presentation 12-2016
- Collaborative Care. Katon et al. (2010)

Supplemental Resources

- AFP Depression and Bipolar
- AFP Anxiety
- AFP Substance Use

- [AFP ADHD](#)
- [Cochrane Evidence for Mental Health Conditions](#)

- [BREATHE OUT, Strategy for "Difficult" Visits](#) (Edgoose et al., 2014)
- [6 Five-Minute Tools For PCPs Managing Behavioral Health Issues](#) (Sherman et al., 2017)

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