

## HCMC FAMILY MEDICINE RESIDENCY PROGRAM

# G1 Psychiatry & Neurology

## ROTATION SPECIFIC COMPETENCY OBJECTIVES

### Patient Care

#### Objectives:

##### By the end of the rotation, the G1 resident will:

- Perform a full neurological examination including a fundoscopic exam.
- Elicit a comprehensive sleep assessment.
- Assess and manage medical and psychiatric needs of patients presenting to emergency psychiatry (APS), including the following skills:
  - Conduct risk assessments
  - Perform medical consultations for patients with co-existing medical concerns.
  - Determine most appropriate level of care
  - Develop plan for acute behavioral management
- Manage issues unique to medical care in an inpatient psychiatric population, such as
  - Perform medical evaluations for patients admitted to psychiatry.
  - Manage psychiatric consequences of a variety of medical conditions.
  - Utilize patient-centered approaches to diagnosis and management in the face of psychosomatic complexity.
- Understand cultural implications when diagnosing psychiatric and neurological conditions

### Medical Knowledge

#### Objectives:

##### By the end of the rotation, the G1 resident will:

- Create a basic differential diagnosis for common neurological problems.
- List signs and symptoms of common psychiatric conditions including but not limited to: depressive disorders, anxiety disorders, substance use disorders, bipolar affective disorders, schizophrenia
- Gain knowledge of issues unique to medical care in an inpatient psychiatric population. Specific topics include:
  - Recognition of medical issues that are common in and unique to the psychiatric patient population.
  - Differentiating between various causes of altered mental status – delirium (acute encephalopathy), psychiatric decompensation, dementia, chronic encephalopathy
  - Side effects of psychiatric medications, acute and chronic
- Learn effective, interdisciplinary management of patients in behavioral crisis.

### Practice-Based Learning and Improvement

#### Objectives:

##### By the end of the rotation the G1 resident will:

- Pursue the most current literature about neurologic and psychiatric conditions.

- Understand evidence-based studies of psychiatric treatments.
- Recognize conditions that require consultation and referral.
- Recognize personal limitations in knowledge.

## Systems Based Practice

### Objectives:

#### By the end of the rotation, the G1 resident will:

- Understand the purpose and effectively refer patients to addiction, mental health, and neurology colleagues.
- Develop familiarity and experience with the process of providing consultations, with attention to systems issues, communication with the primary care team and collaboration with interdisciplinary teams.
- Demonstrate effective patient advocacy.
- Participate in ongoing self-education

## Professionalism

### Objectives:

#### By the end of the rotation, the G1 resident will:

- Arrive on time to rotational activities
- Demonstrate respect for patients' privacy
- Treat all patients, colleagues, and community professionals in a respectful manner.
- Demonstrate sensitivity to cultural differences
- Engage the patient's preferences in formulating a plan of care

## Interpersonal and Communication Skills

### Objectives:

#### By the end of the rotation, the G1 resident will:

- Establish and maintain a relationship and rapport with patients
- Communicate effectively with and without an interpreter
- Demonstrate effective communication with patients and family regarding diagnosis, treatment options, and follow-up care
- Apply techniques of effective communication when interacting with consultants, team members and members of the health team

## Educational resources

- Instructions for Psych/Neuro
- Additional information provided by Neurology and Med-Consult teams
- Assigned Readings:
  - STAR\*D study: Treating depression in the real world (Gaynes et al, 2008)
  - Medication-Assisted Treatment for Opioid-Use Disorder (Oesterle et al, 2019)
  - Primary care management of alcohol use disorder and at-risk drinking: Part 2: counsel, prescribe, connect (Spithoff S et al, 2015)
- Web-based resources

## Supplemental Resources

- [Commonly Prescribed Psychotropic Medications -AIMS Center](#)
  - [AFP Podcast](#) for Clinical Highlights
  - [AFP Depression and Bipolar](#)
  - [AFP Anxiety](#)
  - [AFP Substance Use](#)
  - [AFP ADHD](#)
  - [Cochrane Evidence for Mental Health Conditions](#)
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- [BREATHE OUT, Strategy for “Difficult” Visits](#) (Edgoose et al., 2014)
  - [6 Five-Minute Tools For PCPs Managing Behavioral Health Issues](#) (Sherman et al., 2017)