

HCMC FAMILY MEDICINE RESIDENCY PROGRAM

G2-G3 Centering Pregnancy

ROTATION SPECIFIC COMPETENCY OBJECTIVES

Perform prenatal care in context of group setting

The objectives described for this rotation are on a continuum, and become more challenging as one moves down the list within each sub-competency. We expect that residents will come in with some of the skills listed and will build on them as the rotation progresses.

Patient Care PC 3

Objectives:

By the end of the rotation, the G2/G3 resident will show progress in managing preventative prenatal care by:

- Taking a comprehensive prenatal intake history identifying health risk factors and social determinants of health
- Performing initial exam and subsequent prenatal exams
- Attending to patient privacy during the exam in group setting
- Following prenatal guidelines for appropriate testing throughout pregnancy and post-partum care
- Managing health conditions and prenatal complications in a group visit
- Actively participating in group, using facilitative techniques to promote healthy behaviors for pregnancy
- Actively participating in group to help patients identify barriers, manage conflicting needs and set goals for healthy pregnancies
- Mobilizing the health care team for optimal prenatal care

Medical Knowledge MK 2

Objectives:

By the end of the rotation, the G2/G3 resident will show progress in critical thinking skills in regards to prenatal care by:

- Ordering appropriate labs, tests, immunizations and medications for prenatal patients
- Identifying lab/test/exam abnormalities and updating the problem list, documenting as needed
- Identifying social/behavioral conditions that put prenatal outcomes at risk
- Interpreting lab results (including GDM data), NSTs, exam findings, ultrasounds, and, addressing normal and abnormal findings, including EDD determination
- Anticipating complications of pregnancy in the group setting
- Managing high risk prenatal patients in group setting
- Taking ownership of prenatal group care by independently and proactively managing medical care for group members

Systems-Based Practice SBP 4

Objectives:

By the end of the rotation, the G2/G3 resident will show progress in coordinating team based care by:

- Participating in the prenatal care group model, being respectful of all team members
- Identifying his/her role within the group as co-facilitator and participating accordingly (communicating planned absences, gaps etc)
- Using team members effectively to provide care for group team members including but not limited to: Medical Assistant, faculty, other co-facilitator, consults as needed
- Coordinating additional care individual patients may need beyond the group setting and ensuring appropriate follow up
- Being available for all group visits (as rotations allow), management of labor, post-partum and infant care of the group members
- Independently taking initiative to pro-actively manage prenatal complications by enlisting support of appropriate team members as needed by the conditions of the patient

Professionalism Prof 3

Objectives:

By the end of the rotation, the G2/G3 resident will make progress in humanism and cultural proficiency by:

- Expressing concern for groups members' questions and issues in a caring way
- Identifying cultural differences within the group and how they affect patient decisions
- Demonstrating an accepting attitude of all group members by encouraging participation from all prenatal patients and their support people
- Eliciting group member beliefs about pregnancy, child birth, breastfeeding and other topics and exploring them in a nonjudgmental way during group discussion
- Identifying his/her own cultural framework that may impact patient interactions and decisions in the group setting
- Identifying social needs during the group visit and understanding the impact on healthy prenatal outcomes
- Managing prenatal care screening, testing and birth plans in coordination with the patient's and her family's cultural beliefs
- Anticipating potential social needs of prenatal care patients and pro-actively leading groups discussion to incorporate those topics and find resources for patients

Interpersonal Communication C 2

Objectives:

By the end of the rotation, the G2 resident will make progress in communicating effectively with patients, families and the public by:

- Recognizing that communication in a group setting is necessarily different than in individual care
- Identifying barriers to communication in the group setting
- Following the facilitators' lead in developing a communication style that encourages patient participation
- Using language that is readily understood by all group members, and adjusting as needed if participants have trouble understanding
- Under guidance of faculty, participating in group discussion of adverse outcomes or other difficult topics during group sessions
- Managing "tummy check" by active listening and triaging concerns as appropriate (agenda setting)

- Encouraging group participation by asking questions, allowing time for group members to respond, and giving positive feedback to group member contributions
- Recognizing non-verbal cues when group members are uncomfortable or confused and adjusting as needed
- Independently facilitating group discussion to allow inclusion of all group members
- Effectively leading discussion to process a bad outcome with the patient and her family and effectively handling group questions that arise from that event; or leading discussion of difficult topics or crises in the group context
- Planning and executing a session as lead facilitator, including: planning the session with the co-facilitator, organizing the materials, leading the activity, and conducting the session in a manner that meets the needs of the participants

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