

Twenty-Eight Week Chart Review

At or about 28 weeks, all OB providers (residents when precepting) to review:

- **Problem List.** Update as needed.
- **RH status-**Is the patient Rh negative. Does the patient need Rhogam?
- Check that **GCT** is done. GCT at 24-28 weeks often missed if early GCT is done.
- **Repeat Hgb** if not done with GCT. Anemia often missed if Hgb not rechecked at 28 weeks.
- **Repeat Vitamin D** level. Adjust dose as needed.
- **Confirm dating** and make sure ultrasounds are documented in the dating section of the OB chart.
- **Vaccinations.** If the patient is Hep B Ab non-immune, she should be getting the Hepatitis B vaccine series during pregnancy. Flu shots during flu season.
- **Review urine cultures.** Document in problem list if any episode of UTI or GBS in urine.
- **Refer to Childbirth classes** if desired by patient. Please encourage ALL primips to attend and offer to multips as well, especially if this will be their first birth in this country. We have individual appts with Jenny Rian-Mendiola available at FMC, or a variety of Childbirth classes available at FMC and HCMC.
 - The classes available include: [Childbirth Preparation: 6-Week Series](#), (classes held on weeknights), [Childbirth Preparation: Express Class](#) (Saturdays), [Combined Breastfeeding/Newborn Care Class](#), [Breastfeeding Class](#) (English only), [Infant and Child CPR](#) (English only), [Car Seat Safety](#), [Birth Center Tours](#).
 - Talk to your team nurse if you need help referring or registering patients for the education.
- **Discuss and Promote Breastfeeding.** Refer for Lactation consultation/support if needed, especially if they have a history of breastfeeding problems.
- **Begin discussion of birth control plans.** Sign Federal Tubal papers if desired.
- **VBAC.** If previous c-section, make sure to document discussion and planned route of delivery.

UPDATE and maintain the Problem List.

Please see Dr. Karsten or Dr. Pira if you have any questions/concerns about how to do any of the above.