

## APGAR SCORE

**Rate 0-2 for each category**

SIGN	0	1	2
<b>Heart rate</b>	Absent	< 100 beats per minute	> 100 beats per minute
<b>Respiratory effort</b>	Absent	Slow, irregular	Good, crying
<b>Muscle tone</b>	Flaccid	Some flexion of extremities	Active motion well-flexed extremities
<b>Reflex irritability</b>	No response	Grimace	Vigorous
<b>Color</b>	Blue, Pale	Body pink Extremities-blue	Completely pink

- Apgar scores are assigned at 1 min and 5 min after delivery. A 10 min Apgar is done for babies with 5 min Apgar of 7 or less.
- Cord blood gases should be sent for a baby with a 5 min Apgar score < 7.
- To send cord GASES, cut a 4-6" piece of cord clamped on both ends BEFORE obtaining cord bloods.