

BISHOP SCORE

Used to determine the status of the cervix-favorable/ripe or unfavorable/not ripe

POINTS	0	1	2	3
Dilation	Closed	1-2	3-4	> 4
Effacement	0-30%	40-50%	60-70%	> 80%
Consistency	Firm	Medium	Soft	
Position	Posterior	Mid	Anterior	
Station	-3	-2	-1,0	+1, +2

Modifiers

Add 1 point to total score for:

- Preeclampsia
- Each prior vaginal delivery

Subtract 1 point from total score for:

- Postdates pregnancy
- Nulliparity
- Premature or prolonged rupture of membranes

Interpretation

A. Indications for Cervical Ripening with prostaglandins (NOT IF VBAC!)

1. Bishop Score < 5 (unfavorable/not ripe)
2. Membranes intact
3. No regular contractions

B. Indications for Labor Induction with pitocin

1. Bishop Score \geq 5 (favorable/ripe)
2. Rupture of membranes

- If Bishop Score > 8, the probability of vaginal delivery after induction is similar to that after spontaneous labor.

REFERENCES:

Romney S et al, editors: Gynecology and Obstetrics: The Health Care of Women, second edition, New York, 1981, McGraw-Hill.

Bishop, EH. Pelvic Scoring for Induction. OB/GYN 1964

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