BISHOP SCORE

Used to determine the status of the cervix-favorable/ripe or unfavorable/not ripe

<table>
<thead>
<tr>
<th>POINTS</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dilation</td>
<td>Closed</td>
<td>1-2</td>
<td>3-4</td>
<td>&gt; 4</td>
</tr>
<tr>
<td>Effacement</td>
<td>0-30%</td>
<td>40-50%</td>
<td>60-70%</td>
<td>&gt; 80%</td>
</tr>
<tr>
<td>Consistency</td>
<td>Firm</td>
<td>Medium</td>
<td>Soft</td>
<td></td>
</tr>
<tr>
<td>Position</td>
<td>Posterior</td>
<td>Mid</td>
<td>Anterior</td>
<td></td>
</tr>
<tr>
<td>Station</td>
<td>-3</td>
<td>-2</td>
<td>-1,0</td>
<td>+1, +2</td>
</tr>
</tbody>
</table>

Modifiers

Add 1 point to total score for:

- Preeclampsia
- Each prior vaginal delivery

Subtract 1 point from total score for:

- Postdates pregnancy
- Nulliparity
- Premature or prolonged rupture of membranes

Interpretation

A. Indications for Cervical Ripening with prostaglandins (NOT IF VBAC!)
   1. Bishop Score < 5 (unfavorable/not ripe)
   2. Membranes intact
   3. No regular contractions

B. Indications for Labor Induction with pitocin
   1. Bishop Score ≥ 5 (favorable/ripe)
   2. Rupture of membranes

- If Bishop Score > 8, the probability of vaginal delivery after induction is similar to that after spontaneous labor.

REFERENCES:
Bishop, EH. Pelvic Scoring for Induction. OB/GYN 1964
ACOG Practice Bulletin, November 1999