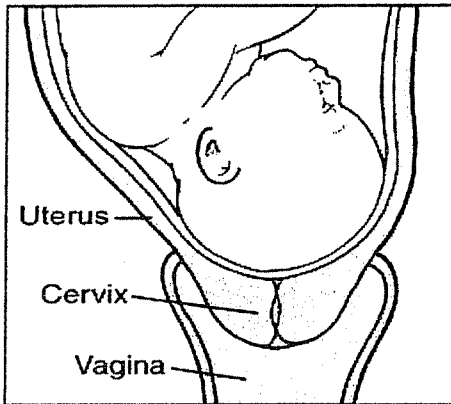


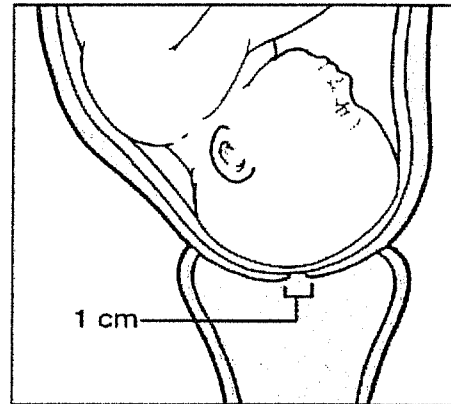
TAKE HOME POINTS FROM CERVICAL CHECK STATION

1. The cervical exam has three main components: dilation, effacement, station. Presentation is the other component.

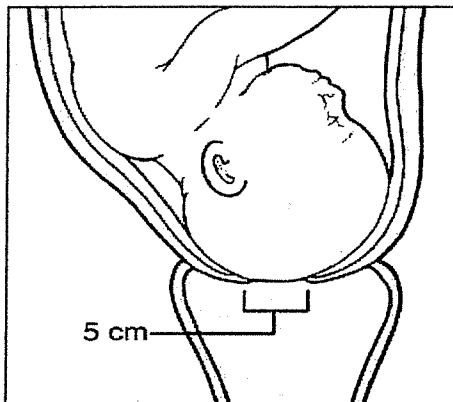
Cervical Effacement and Dilatation During Labor



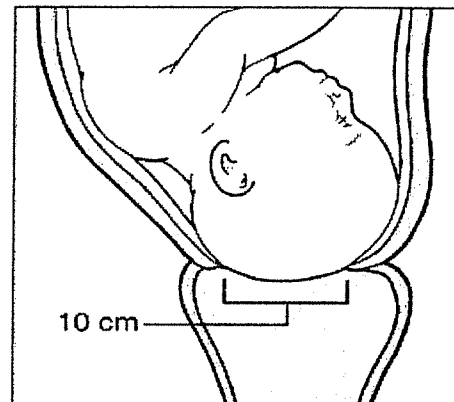
1. Cervix is not effaced or dilated.



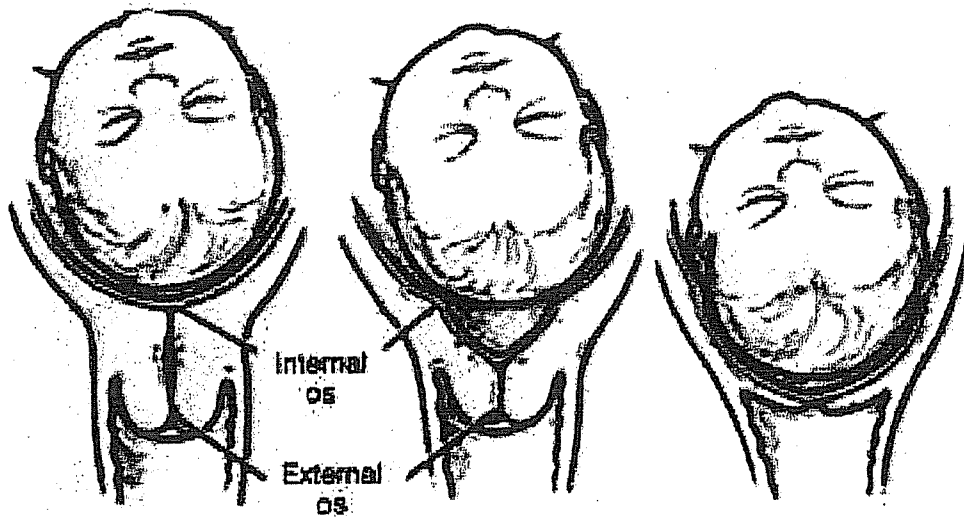
2. Cervix is fully effaced and dilated to 1 cm.



3. Cervix is dilated to 5 cm.



4. Cervix is fully dilated to 10 cm.

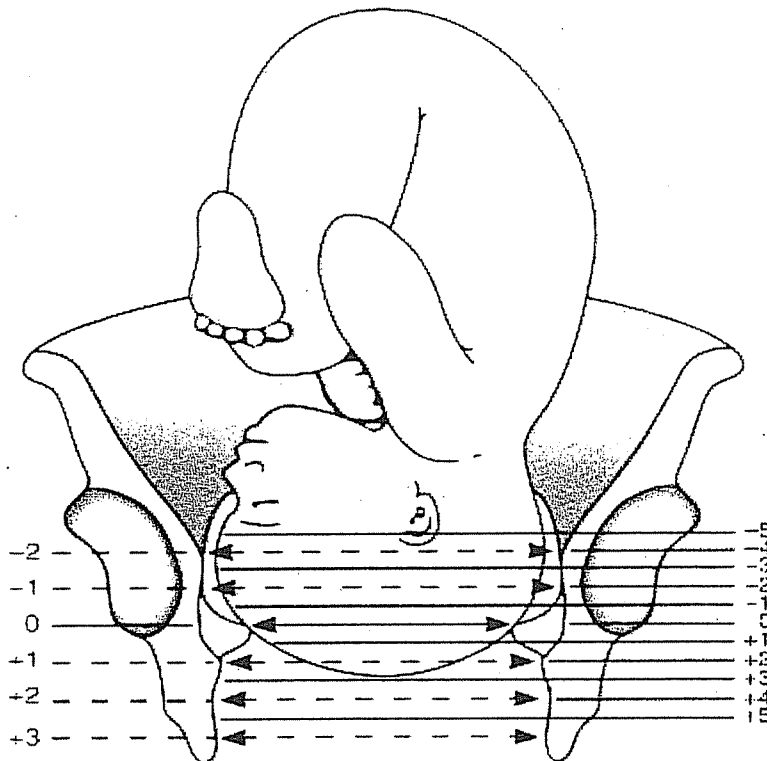


Effacement:

0%

50%

100%



OLD CLASSIFICATION
(Subjective)

NEW CLASSIFICATION
(Estimated distance in centimeters from the ischial spines)

Station