

Initial Depo-Provera Injection

(Preferably a provider appointment)

1. MD or NP order is needed to administer
2. Patient education regarding side effects (available on Intranet)
3. Give Depo-Provera 150mg IM in gluteus muscle or deltoid muscle (patient preference). Always use 1 1/2" needle for injection. If patient > 160 lbs(73Kg), injection should be given in the deltoid muscle.
4. Complete Contraceptive Flow Sheet- new flow sheet with each visit (due to scanning.)

Next Visit (RN or MD visit)

Patient needs RN visit 3 weeks or more after initial Depo-Provera injection for UPT. Some women may choose to come in before their next Depo-Provera is due to verify they are not pregnant.

Patient returns to clinic 3-4 weeks after initial Depo-Provera injection.

Negative UPT.
Give Depo-Provera walk-in card with dates for next Depo-Provera.

Positive UPT.
Counsel on pregnancy options.

Patient returns to clinic 11-13 weeks after initial Depo-Provera. Do UPT.

Negative UPT.
1. Follow procedure for Depo-Provera administration as a Walk-In visit.
2. Give Walk-In Depo-Provera card.
3. Complete Contraceptive Flow Sheet and APC form.

Procedure for Administration of Depo-Provera as a Walk-In visit with patient returning within 11-13 weeks after previous injection.

1. Verify current provider order.
2. Verify with patient any changes in medical condition (breast cancer, liver disease, DVT, heart disease, severe hypertension, diabetes).
3. RN will assess allergies and any problems or concerns. Schedule provider visit, if needed.
4. Verify Pap is up to date+ remind pt of when next Pap is due.
5. Administer Depo-Provera 150mg as above.
6. Condoms offered to all patients.
7. Give patient Walk-in Depo-Provera card. Remind patient to come on time.
8. Complete Contraceptive Flow Sheet and APC.

Giving Depo-Provera early (before 11 weeks after last shot) Patients who request Depo-Provera early for convenience may receive it and be given a Walk-In card per protocol.

Nursing protocol for patients who return late (>13 weeks) for repeat Depo-Provera injections.

