

## **Discharging from post-partum:**

1. Find the patient
2. Open the chart
3. Go to **navigators**, pick **discharge**
4. Go to **order sets** and search **OB**
5. Choose **OB Delivery Discharge**
6. Fill out the **IP Discharge** order
7. **D/C all the inpatient meds**
8. Pick the **prescriptions** that you want them to take home
9. **Initiate Home Health Referral** if needed
10. Pick the blank **schedule appointment order**
11. Click on the details and add f/u clinic and provider
12. For timing type the **six weeks** into the **comments**
13. **Select a pharmacy** – most often **HCMC outpatient**
14. Sign the orders
15. Associate the diagnosis
16. If you are not the primary, go to your **in-box** and send a staff message that you are discharging the patient to the primary.

Please review the orders in this Order Set before signing. Information displayed in this report may not accurately reflect patient specific defaults applied when the Order Set is opened.

## OB Delivery Discharge

### Orders

#### Discharge

If Patient is being Discharged to a Nursing Home or other Skilled Facility, Complete the GEN ADULT HEALTHCARE FACILITY DISCHARGE Orderset in addition to this one

IP DISCHARGE ONCE, Starting today at 9:56 AM

#### Activity

Weight Restrictions

#### Diet/Nutrition

ADA Consistent Carb Definitions

URL: [http://hcmcnet/document/ehr/ada\\_consistent\\_carb\\_diet\\_link.doc](http://hcmcnet/document/ehr/ada_consistent_carb_diet_link.doc)

Diet-Combo Regular

#### Prescriptions

Continue supplements and pain management from inpatient orders in discharge medication reconciliation.

|  |  |
|--|--|
| <input checked="" type="checkbox"/> norethindrone (MICRONOR)   | 1 Tab, Oral, DAILY                       |
| <input checked="" type="checkbox"/> norethindrone - ethinyl estradiol (ORTHO 1/35)                   | 1 Tab, Oral, DAILY                       |
| <input checked="" type="checkbox"/> norgestimate - ethinyl estradiol (ORTHO TRI-CYCLEN)              | 1 Tab, Oral, DAILY                       |
| <input checked="" type="checkbox"/> norelgestromin-eth estradiol (ORTHO EVRA) 150-20 mcg/24 hr patch | 1 Patch, Transdermal, Q WEEKLY           |
| <input checked="" type="checkbox"/> levonorgestrel (PLAN B)  | Disp-2, R-no refills, 0.75 mg, Oral, BID |
| <input checked="" type="checkbox"/> etonogestrel-ethinyl estradiol (NUVA RING)                       | 1 Each, Vaginal, ONE TIME                |
| <input checked="" type="checkbox"/> Prenatal Vitamin   | 1 Tab, Oral, DAILY                       |
| <input checked="" type="checkbox"/> ibuprofen  | Disp-30, 600 mg, Oral, Q6H PRN, Normal   |
| <input checked="" type="checkbox"/> ferrous sulfate  | Disp-60, R-0, 325 mg, Oral, BID          |
| <input checked="" type="checkbox"/> senna  | Disp-60, R-0, 8.6 mg, Oral, BID          |
| <input checked="" type="checkbox"/> docusate (COLACE)  | 100 mg, Oral, BID                        |
| <input checked="" type="checkbox"/> oxycodone-acetaminophen 5-325 mg (PERCOCET)                      | 1-2 Tab, Oral, Q4H PRN                   |
| <input checked="" type="checkbox"/> acetaminophen - codeine 300-30 mg oral (TYLENOL #3)              | 1-2 Tab, Oral, Q4H PRN                   |

#### Medications/Immunizations to give before discharge

medroxyprogesterone acetate (DEPO-PROVERA) 150 mg, Intramuscular, ONE TIME for 1 dose

Initiate Influenza Vaccine (Adult) Protocol

#### Referrals

Initiate Home Health Services Referral Routine

#### Discharge Education

- Patient Instruction/Education
- Patient Instruction/Education
- Patient Instruction/Education

**Follow Up Appointments**

CNM C- Section patients shall return to primary clinic unless otherwise specified.

- Schedule Appointment
- Schedule Appointment
- Schedule Appointment