

PELVIC INFLAMMATORY DISEASE

MAJOR CRITERIA:

- Lower abdominal tenderness
- Adnexal tenderness
- Cervical motion tenderness

MINOR CRITERIA:

- Elevated WBC, ESR
- Temp>38.3 (101.8), malaise, nausea and vomiting, anorexia
- Vaginal discharge
- Irregular bleeding
- Urinary discomfort
- Positive GC/Chlamydia

The following criteria for hospitalization are based on observational data and theoretical concerns:

- Surgical emergencies (e.g., appendicitis) cannot be excluded
- The patient is pregnant
- The patient does not respond clinically to oral antimicrobial therapy
- The patient is unable to follow or tolerate an outpatient oral regimen
- The patient has severe illness, nausea and vomiting, or high fever; and
- The patient has a tubo-ovarian abscess

INPATIENT TREATMENT:

1. PARENTERAL REGIMEN A: Cefotetan 2 gm IV q 12 hrs *or* cefoxitin IV 2 gm IV q 6hrs plus doxycycline 100mg orally *or* IV q 12 hrs
2. PARENTERAL REGIMEN B: clindamycin 900mg IV q 8 hrs *plus* gentamicin load (2mg/kg of body weight) followed by a maintenance 1.5mg kg q8 hrs. Single daily dosing may be substituted.

Alternative Regimens

Limited data support the use of other parenteral regimens, but the following 3 regimens have been investigated in at least 1 clinical trial, and they have broad spectrum coverage:

- Ofloxacin 400 mg IV q 12 hrs *or* Levofloxacin 500 mg IV once daily, *with or without* Metronidazole 500 mg IV q 8 hrs *or* Ampicillin/Sulbactam 3 g IV q 6 hrs *plus* Doxycycline 100 mg orally IV q 12 hrs

OUTPATIENT TREATMENT:

1. REGIMEN A: Ofloxacin 400mg orally twice a day for 14 days
or
Levofloxacin 500 mg orally once daily for 14 days
with or without
Metronidazole 500mg orally twice a day for 14 days

2. REGIMEN B: Ceftriaxone 250 mg IM in a single dose
or
Cefoxitine 2 g IM in a single dose and Probenecid, 1 g orally administered concurrently in a single dose
or
Other parenteral third-generation Cephalosporin (e.g., Ceftizoxime or Cefotaxime), plus Doxycycline 100 mg orally twice a day for 14 days
with or without
Metronidazole 500 mg orally twice a day for 14 days