

Resident/Fellow Assistance Program

The Resident/Fellow Assistance Program (RAP) is a free service that provides residents/fellows and their families confidential 24/7 access to various supports and services.

Short term counseling (up to 5 sessions) for help with:

- Program -related stressors/burnout
- Significant relationship and family struggles
- Mental health
- Chemical use concerns
- Financial worries
- Legal consultations
- Elder care needs
- Childcare needs
- Referral to longer term community resources
- MORE!

Services are provided by counseling professionals with expertise in dealing with unique demands faced by medical and dental residents and fellows, and their family members

Contact:

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